

Real Food Meal Plan April

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
		<u>Dirt Cups</u> <u>Meat Loaf Cake</u>	<u>Chicken and Asparagus Crepes</u>	<u>Chopped Greek Salad with Chicken</u>	<u>Creamy Greek Scrambled Eggs</u>	<u>Fajita Omelet</u>
<u>Fusilli with Creamed Leek and Spinach</u>	<u>Garlic Parmesan Chicken and Noodles</u>	<u>Italian Egg Drop Soup Stracciatella</u>	<u>Pappardelle with Baby Spinach, Herbs, and Ricotta</u>	<u>Spring Brunch Bake</u>	<u>Spring Chicken & Barley Soup</u>	<u>Spring Lentil Soup</u>
<u>Spring Pea Soup</u>	<u>Spring Peas Risotto</u>	<u>Spring Spinach Salad</u>	<u>Corn and Bell Pepper Chowder</u>	<u>Gingered Carrot-Sweet Potato Soup with Chive Cream</u>	<u>Spring Vegetable Soup</u>	<u>Sweet Potato and Feta Dinner Skillet</u>
<u>Ham w/Candy Gravy</u> <u>Hawaiian Sweet Rolls</u>	<u>Thai Carrot Soup with Rice</u>	<u>Chili Stacks</u>	<u>Mexican Lasagna</u>	<u>Spiced Split Pea Soup</u>	<u>Spinach Artichoke Lasagna</u>	<u>Spring-Thyme Chicken Stew</u>
<u>Spring-Ahead Brunch Bake</u>						