

# Real Food Meal Plan February

<a href="#">Chicken Tortilla Soup from Mommypotamus</a>	<a href="#">Mushroom-Lentil Meatless Shepherd's Pie from Midwest Living</a>	<a href="#">Sweet Potato and Chickpea Stew with Quinoa from Naturally Ella</a>	<a href="#">Thai Coconut Chicken Soup from Your Homebased Mom</a>	<a href="#">Winter Layered Salad with Beets and Brussels Sprouts</a>	<a href="#">Cumin Roasted Cauliflower Soup</a>	<a href="#">Curried Coconut Quinoa and Greens with Roasted Cauliflower</a>
<a href="#">Pork Loin Roast with Sicilian Cauliflower</a>	<a href="#">Spicy Soba Noodles with Chicken in Peanut Sauce from Sweet Peas Kitchen</a>	<a href="#">Baked Sweet Potato Potstickers from Naturally Ella</a>	<a href="#">Black Bean and Sweet Potato Chili</a>	<a href="#">Chickpea Soup with Parsley and Parmesan from Martha Stewart</a>	<a href="#">Olive Oil Crepes with Leeks and Eggs</a>	<a href="#">Quick Vegetarian Black Bean Posole from Sweet Peas and Pumpkins</a>
<a href="#">Roasted Sweet Potato, Caramelized Onion, and Gorgonzola Quiche from Naturally Ella</a>						