

March Real Food Monthly Meal Plan from The More With Less Mom 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Black Bean, Corn, and Spinach Enchiladas from We Got Real
Brown Rice Quinoa Pilaf w/Butternut, Mushrooms & Kale from Poor Girl Eats Well	Chicken Yakisoba from Budget Bytes	New Orleans-Style Chicken from Taste of Home Traditional New Orleans King Cake from Taste of Home	Country Captain with Cauliflower and Peas from Bon Appetit	Curried Quinoa and Chicken Soup from Greens & Chocolate	Egg and Tater Breakfast Tacos from Poor Girl Eats Well	Fiesta Corn & Potato Chowder from Poor Girl Eats Well
Greek Chicken Dinner from Budget Bytes	Mexican Black Bean Lasagna from Woman's Day	Moroccan Chickpea and Sweet Potato Stew from A Couple Cooks	Roasted Red Pepper & Tomato Soup with Polenta Croutons from Poor Girl Eats Well	Sausage and White Bean Casserole from Family Bites	Zuppa Toscana – Olive Garden Copy Cat from Wholesome Mommy	Caramelized Onion and Root Vegetable Pot Pies from Simple Bites
Irish Colcannon and Thyme Leaf Soup from Cooking Light	New England Boiled Dinner from Simply Recipes Irish Soda Bread from Saveur	Lentil Soup with Balsamic-Roasted Winter Vegetables from Cooking Light	Sweet Potato Shepherd's Pie from Vegetarian Times	Irish Grilled Cheese from Food Network Magazine	Jackson's Chinese Chicken Soup from Family Bites	Lentil Shepherd's Pie with Sweet Potato Mash from Simple Bites
Moroccan Stir Fry from Wellness Mama	Protein Rich Soup – Carrot Ginger with Lentils from Food Babe	Slow Cooker Sprouted Lentil Soup from Nourishing Days	Slow-Cooker Coconut Ginger Chicken & Vegetables from Simple Bites			
				Homemade Baileys Irish Cream from Brown Eyed Baker	Morning Glory Muffins from Budget Bytes	Cranberry-Orange Multi-Grain Snack Mix from Good Life Eats