

Real Food Meal Plan December

Apple, Kale & Cheddar Melt with Red Onion-Rosemary Marmalade from Poor Girl Eats Well	Bread Soup (Panade) with Onions, Chard, and Mushrooms from Simply Recipes	Caramelized Onion and Mushroom Pizza from Budget Bytes	Chunky Italian Vegetable Stew from Real Simple	Ginger, White Bean & Chicken Soup from Raia's Recipes	Kale and Roasted Vegetable Soup Recipe from Simply Recipes	Potato, Red Onion, and Kale Pizza from Woman's Day
Turkey, Apple and Broccoli Breakfast Hash from The Healthy Foodie	Chicken and Black Bean-Stuffed Burritos from Cooking Light	Chicken Cheesesteak Sandwiches from Simply From Scratch	Chicken Yakitori Rice Bowl from Cooking Light	Easy Weeknight Lo Mein from Shrinking Kitchen	Roasted Cauliflower Pizza from Woman's Day	Roasted Winter Vegetable Soup from Back to the Book Nutrition
Spicy {Slow Cooker} Sweet Potato and Chickem Stew from Shrinking Kitchen	Sweet Potato and Black Bean Empanadas from Cooking Light	Chickpea and Winter Vegetable Stew from Cooking Light	Classic Chicken Tetrazzini from Southern Living	Ginger Chicken Soup With Vegetables from Real Simple	Ginger, White Bean & Chicken Soup from Raia's Recipes	Leek & Cannellini Bean Soup with Cous Cous from Poor Girl Eats Well
Moroccan Fruity Chicken Tagine from Simply Fresh Dinners	Spicy Turkey Soup with Yogurt, Chickpeas, and Mint Recipe from Simply Recipes	Turkey Stew with Root Vegetables Recipe from Simply Recipes	Tuscan White Bean Soup {Crock-Pot} from Artful Homemaking			