

Real Food Meal Plan November

<u>Butternut Squash and Mushroom Tart with Gruyère from Cooking Light</u>	<u>Chunky Italian Vegetable Stew from Real Simple</u>	<u>Clean Eating Autumn Harvest Turkey Chili from The Gracious Pantry</u>	<u>Clean Eating Chicken & Parsnip Soup from The Gracious Pantry</u>	<u>Harvest Vegetable Orzo from Once A Month Meals</u>	<u>Mushroom and Lentil Pot Pies with Gouda Biscuit Topping from Epicurious</u>	<u>Quinoa Minestrone Soup from Generation Y Foodie</u>
<u>Rustic Spinach and Cornmeal Soup from Bon Appetit</u>	<u>Savory Sausage, Spinach, and Onion Turnovers from Cooking Light</u>	<u>Buttermilk Chicken Dumplings from Country Living</u>	<u>Chinese Pork & Vegetable Hot Pot from Eating Well crockpot</u>	<u>Crispy Cauliflower-Carrot Fritters with Smoky Garlic Aioli from Oh My Veggies</u>	<u>Pasta Primavera with Creamy Cauliflower Sauce from Don't Waste the Crumbs</u>	<u>Slow Cooker Mexican Style Corn and Potato Chowder from The Nourishing Home crockpot (tier 3 if you use heavy cream)</u>
<u>Winter Vegetable Soup Recipe with Butternut Squash & Cauliflower from Cookin Canuck</u>	<u>Chunky Lentil and Vegetable Soup from Budget Bytes</u>	<u>Creamy Sweet Potato Soup from Cooking Light</u>	<u>French Onion and Apple Soup from Cooking Light</u>	<u>Graupensuppe (German Barley Soup) from Saveur</u>	<u>Pumpkin Black Bean Bake from Better Homes and Gardens</u>	<u>Root Veggie Tartiflette from Gnowfglins</u>
<u>Slow Cooker Veggie Pot Pie Stew from Skinny Ms crockpot</u>	<u>Sweet and Savory Moroccan Stew from Big Girls Small Kitchen</u>					